

PRAYER OF CONFESSION

The following is based on a prayer style from some of the Early Church Fathers. It is my own prayer. Write your own version based on areas you struggle with.

Heavenly Father, You made my body to serve You and my soul to follow hard after You. With sorrow and contrition of heart, I admit before You my faults and my failures.

*My failure to be true even to my own accepted standards;
My self-deception in the face of temptation;
My choosing of the worse when I know the better;
O Lord, forgive!*

*My silence when You would have me speak and my speech when You would have me keep silence;
My actions when You would have me wait on You and my hesitation when You would have me act;
My complacency toward wrongs that do not affect me and my oversensitivity to those that do;
O Lord, forgive!*

*My lack of Your compassion in showing mercy for the downtrodden and the lost;
My pride in considering my own comfort and convenience above the needs of others;
My blindness to the suffering of others and my slowness to be taught by my own;
O Lord, forgive!*

*My failure to apply to myself the standards of conduct I demand of others;
My slowness to see the good in others and to see the evil in myself;
My hardness of heart toward my neighbors' faults and my readiness to make allowance for my own;
O Lord, forgive!*

*My unwillingness to recognize that You have called me to a small work and my brother to a great one;
My ingratitude and grumbling when You place a great opportunity before me to display Your grace;
My failure to recognize Your loving hand in all that touches me;
O Lord, forgive!*