

## PRAYER OF CONFESSION

The following is based on a prayer style from some of the Early Church Fathers. It is my own prayer. Write your own version based on areas you struggle with.

*Heavenly Father, You made my body to serve You and my soul to follow hard after You.  
With sorrow and contrition of heart, I admit before You my faults and my failures.*

*My failure to be true even to my own accepted standards;  
My self-deception in the face of temptation;  
My choosing of the worse when I know the better;  
O Lord, forgive!*

*My silence when You would have me speak and my speech when You would have me  
keep silence;  
My actions when You would have me wait on You and my hesitation when You would  
have me act;  
My complacency toward wrongs that do not affect me and my oversensitivity to those  
that do;  
O Lord, forgive!*

*My lack of Your compassion in showing mercy for the downtrodden and the lost;  
My pride in considering my own comfort and convenience above the needs of others;  
My blindness to the suffering of others and my slowness to be taught by my own;  
O Lord, forgive!*

*My failure to apply to myself the standards of conduct I demand of others;  
My slowness to see the good in others and to see the evil in myself;  
My hardness of heart toward my neighbors' faults and my readiness to make allowance  
for my own;  
O Lord, forgive!*

*My unwillingness to recognize that You have called me to a small work and my brother  
to a great one;  
My ingratitude and grumbling when You place a great opportunity before me to display  
Your grace;  
My failure to recognize Your loving hand in all that touches me;  
O Lord, forgive!*